

University of Virginia Health Continuing Education presents

2nd Annual



# ADVANCED PRACTICE CONFERENCE

*Expanding excellence in advanced practice across the continuum*

**Dates:** October 9-10, 2025

**Time:** 7:30 AM – 4:45 PM

**Location:** University of Virginia Newcomb Hall,  
180 McCormick Road, Charlottesville, VA

# 2025 Advanced Practice Conference: Advancing Professional Growth, Education, and Excellence (APOGEE)

## Overview

The 2025 APOGEE\* conference is your Central Virginia destination for expanding clinical knowledge, learning about novel, evidence-based treatments and therapies, and networking with diverse colleagues. The advanced practice clinician already navigates many challenges faced by their patients and families. This conference will feature lectures, case studies, and interactive sessions on complex medical and nursing management of acute and chronic illness through the care continuum and across the lifespan, expanding excellence in clinical care and sophistication of medical decision making. High-level, evidence-based review of the risks, benefits, and potential side effects of advanced pharmacological therapies encountered across the continuum will be included. Professional practice and development sessions will include mastering the art of crucial conversations, navigating through everyday chaos at work, understanding legal and ethical essentials for APP practice, advocacy for APP professional development, advantages of APP fellowship programs, developing value-based business care models, and professional role optimization. The impact of health disparities and its intersection with community health in the delivery of coordinated, comprehensive interdisciplinary care will be a distinct thread in multiple sessions.

*\*the farthest or highest point: culmination*

## Target Audience

Advanced practice providers/clinicians across the continuum of care, spanning inpatient, outpatient, and community healthcare settings.

## Desired Outcomes

At the conclusion of this activity, learners will be able to:

- Implement current evidence-based team-care approaches for a variety of conditions spanning the continuum of care and throughout the lifespan.
- Apply advanced pharmacological therapies across the continuum of care based on current, high-level evidence-based review of indications, risks, benefits, and potential side effects for selected therapies.
- Deliver complex care across the continuum of care and settings of care as a full collaborative partner within the multidisciplinary care team.
- Utilize tools provided at this conference to increase their leadership abilities, expand their role, or incorporate fiscal responsibility as an advanced practice provider.
- Utilize community partnerships to address health disparities, while emphasizing coordinated, comprehensive, interdisciplinary care across the continuum.

## Credit Offered

- 12.0 AAPA Category 1 CME Credits
- 12.0 Contact Hours
- 12.0 Hours of Participation
- 12.0 IPCE Credits

An electronic syllabus will be provided to all who register for the conference. See the conference website for additional information and resources: [www.nursing.virginia.edu/sonce/advanced-practice-conference-2025/](http://www.nursing.virginia.edu/sonce/advanced-practice-conference-2025/)

## Agenda

Thursday, October 9<sup>th</sup>

Time	Topic	Presenter
0730-0750	Check-In, Breakfast (provided), and Exhibitors	
0750-0800	Welcome	Maheswari Murugesan, PhD, RN, ACNP-BC
0800-08:15	Opening Remarks	Wendy Horton, PharmD, MBA, FACHE
<b>SESSION 1</b>		
0815-0900	Cutting through the Chaos: Cultivating Joy and Purpose in Your Work and Your Team	Kyle Laver, MEd, EdS, PCC
0900-0945	Feedback with Finesse: Mastering the Art of Constructive Conversations	Sarah Craig, PhD, RN, CCNS, CCRN-K, CHSE, CNE
0945-1015	Break and Exhibitors	
<b>SESSION 2</b>		
<b>Ambulatory Breakout</b>		
1015-1045	Genetic Testing for Coronary Artery Disease: Familial Hypercholesterolemia and Beyond	Matthew J Thomas, ScM, CGC
1045-1130	Cholesterol Check: Navigating the Latest Guidelines in Hyperlipidemia Management	Michael Ayers, MD, FACC, ABCL
1130-1215	Triple Threat: Nutrition, Weight Loss, and Prevention in Diabetes, Obesity, and Heart Health	Katie George, DNP, AG-ACNP, CCRN
<b>Inpatient Breakout</b>		
1015-1045	Navigating the Gray Zone: Mastering the Management of Pulmonary Nodules	Aimee Strong, DNP, AGACNP-BC
1045-1130	Practical EKG Pearls	Drew Walton, MSN, RN, AG-ACNP
1130-1215	CT Clarity: A Practical Guide to Abdominal Imaging for APPs	Arthur J. Pesch, MD
<b>Pediatric Breakout</b>		
1015-1045	Clearer Views: A Diagnostic Refresh on Pediatric Chest X-rays	Ju Hee Ahn, MD
1045-1130	Clearer Views: A Diagnostic Refresh on Pediatric Abdominal X-rays	Ju Hee Ahn, MD
1130-1215	Unmasking Medical Child Abuse: Identification, Intervention, and Sequela	Jeanne Parrish, DNP, APRN, FNP-C

1215-1345	Lunch (provided), Networking, and Exhibitors	
<b>SESSION 3</b>		
<b>Ambulatory Breakout</b>		
1345-1430	Over the Counter Safety Essentials: A Guide for Advanced Practice Providers	Lauren Lam, PharmD, BCACP & Donna M. White RPh, BCACP, CDCES
1430-1515	Prehab Power: Enhancing Surgical Success Through Frailty Assessment & Prehabilitation	Deanna L. McIntire, MPT, PT, MHS
<b>Women's Health</b>		
1345-1430	Beyond the Heartbeat: Exploring MINOCA and INOCA in Women's Cardiovascular Health	Patricia Rodriguez-Lozano, MD, MS
1430-1515	Empowering Midlife Wellness through Physical Therapy	Michelle Little, DPT, PT, OCS
<b>Pediatric Breakout</b>		
1345-1430	Evidence-Based Practice for the Assessment and Management of Pediatric Headache	Alana Harrison, MSN, APRN, PNP-BC
1430-1515	Safe Sedation: Best Practices for Pediatric Sedation Management for APPs	Sarah Howard, DNAP, RN, CRNA
1515-1545	Break and Exhibitors	
<b>SESSION 4</b>		
1545-1630	Voices of Advocacy: Empowering APPs in the Evolving Healthcare Landscape	Shelly Smith, PhD, DNP, APRN-BC, FAAN & Olushola Ilogho, MPA, PA-C
1630-1635	Closing Remarks	Maheswari Murugesan, PhD, RN, ACNP-BC

**Friday, October 10<sup>th</sup>**

Time	Topic	Presenter
0730-0755	Check-In, Breakfast (provided), and Exhibitors	
0755-0805	Welcome	Cy Lampugnale, MS, PA-C
<b>SESSION 5</b>		
0805-0845	Navigating the Line: Ethical and Legal Essentials for Advanced Practice Providers	Beth Epstein, PhD, RN, HEC-C, FAAN
0845-0930	Voices from the Frontlines: Promoting System Based Change for Provider Well-Being	Joel R. Anderson, PhD, RN, NEA-BC, CNL & Natalie May, PhD
0930-1000	Break and Exhibitors	

<b>SESSION 6: Chronic Disease Management – Case-Based Reviews</b>		
<b>Complex Primary Care</b>		
1000-1045	Managing HFREF in Primary Care: A Comprehensive Approach to Complex Care	James Bergin, MD
1045-1130	Complex COPD Care: Integrating Strategies for Effective Primary Management	Timothy Scialla, MD
1130-1215	Toxicities of Checkpoint Inhibitors and Antibody Drug Conjugates	Maxwell Herbert, PharmD
<b>Critical Care Management</b>		
1000-1045	ICU Frontlines: Advanced Pharmacological Strategies for Refractory Shock Management	Matt Rubertus, PharmD, BCCCP
1045-1130	Rhythm in Crisis: Mastering Arrhythmia Management in the Critically Ill	Pamel K. Mason, MD
1130-1215	CAR-T in the ICU: Managing the Next Frontier of Immunotherapy in Critical Care	Philip DeTrana, PA-C
<b>Technology in the Management of Chronic Disease Patients</b>		
1000-1045	Heart Failure 2.0: Leveraging Technology for Outpatient Monitoring and Chronic Disease Management	S. Craig Thomas, MSN, ACNP, CHFNP
1045-1130	Home-Based Care for Frail Older Adults: Using Technology to Improve Chronic Disease Management	Caitlin Burchfield, DNP, AGPCNP-BC
1130-1215	Smart Solutions: Continuous Glucose Monitoring in the Management of Type 2 Diabetes in Primary Care	Jack Weisskohl, MSN, RN, FNP-BC
1215-1345	Lunch (provided), Networking, and Exhibitors	
<b>SESSION 7</b>		
1345-1430	Value-Based Care Demystified: An APP's Guide to Excellence	Rebakah Compton, DNP, FNP-BC, MBA & Daniel F. McCarter, MD, FAAFP
1430-1515	Podium Presentations	Submitted Abstracts
1515-1545	Poster Presentations	
1545-1630	Elevating Excellence: Advancing APP Fellowship Programs—Success Stories, Insights, and the Path Forward	Michelle Dawson, MSN, RN, AGACNP-BC
1630-1635	Closing Remarks and Evaluation	Cy Lampugnale, MS, PA-C

### Requirements for Successful Completion of the Course

Symposium participants requesting credit are required to complete the post-activity evaluation for the symposium sessions in which they participate.

## Faculty & Planning Committee

All are UVA employees unless otherwise noted.

Maheswari Murugesan, PhD, RN, ACNP-BC, Conference Chair, Manager for Inpatient & Procedural Advanced Practice Providers, Department of Cardiology

Ju Hee Ahn, MD, Assistant Professor, Pediatric Radiology, Diagnostic Radiology and Imaging

Joel R. Anderson, PhD, RN, NEA-BC, CNL, Co-Director, Wisdom & Wellbeing Program

Michael Ayers, MD, FACC, ABCL, Medical Director Hypertrophic Cardiomyopathy Center of Excellence, Medical Director Inpatient Acute Cardiology Services, Director Cardiovascular Education Internal Medicine Residency and Medical School

James Bergin, MD, Professor of Medicine

Jenea Brown, MSN, FNP-C, Hematology/Oncology- Head/Neck and Melanoma \*

Caitlin Burchfield DNP, AGPCNP-BC, Adult Gerontology Primary Care Nurse Practitioner, Virginia at Home HBPC Program, Division of General, Geriatric, Hospital & Palliative Medicine, Assistant Professor, University of Virginia School of Medicine & Nursing

Rebekah (Becky) Compton, DNP, FNP-BC, MBA, Chief Clinical Officer, UPG, Co-Medical Director, UVA Family Medicine Primary Care Center Clinic

Sarah Craig, PhD, RN, CCNS, CCRN-K, CHSE, CNE, Associate Professor of Nursing

Michelle Dawson, MSN, RN, AGACNP-BC, Director of APP Education and Fellowships, Critical Care Nurse Practitioner, Thoracic and Cardiovascular ICU\*

Philip DeTrana, PA-C; Cellular Therapy Physician Assistant

Beth Epstein, PhD, RN, HEC-C, FAAN, Professor, UVA School of Nursing and UVA Center for Health Humanities and Ethics

Katie George, DNP, AG-ACNP, CCRN, Nurse Practitioner with Obesity Medicine, Department of Family Medicine

Stephanie Good, DMSc, MPAS, PA-C, Infusion APP/Oncologic Emergency Response Team \*

Kathleen Haden, PhD, ANP, Emily Couric Clinical Cancer Center\*

Linda L. Hanson, MSM, Continuing Education Program Manager\*

Alana Harrison, MSN, APRN, PNP-BC, UVA Pediatric Neurology

Maxwell Herbert, PharmD, PGY-1 Pharmacy Resident

Wendy Horton, PharmD, MBA, FACHE, Chief Executive Officer, UVA Health

Naomi Howard , PNP, Pediatric Cardiology \*

Sarah Howard, DNAP, RN, CRNA, Department of Anesthesiology

Olushola Ilogho, MPA, PA-C, Chair, Advocacy and Outreach Committee, Virginia Academy of Physician Assistants, Charlottesville, VA

Jessica Kassay-McAllister, DNP, RN, AGACNP-BC, APP Manager – Cellular Therapy/SCT, CERT and Malignant Hematology; Cellular Therapy Program, Effector Cell NP \*

Lauren Lam, PharmD, BCACP, Ambulatory Clinical Pharmacist, Cardiovascular Medicine, Primary Care Center

Cy Lampugnale, MS, PA-C, Conference Vice-chair, Manager, Neurosciences and Oncology APPs\*

Kyle Laver, MEd, EdS, PCC, Sr. Organizational Development Consultant, UVA Talent Management

Elizabeth Lester, DNP, RN, Nurse Practitioner, Infusion APP/Oncologic Emergency Response Team \*

Michelle Little, DPT, PT, OCS, Physical Therapist, Board Certified Orthopedic Clinical Specialist, Founder of Women in Motion Physical Therapy and Wellness, Charlottesville, VA

Bill Lombardi, DNP, RN, AGACNP-BC, CCRN, Administrator, UVA Center for Advanced Practice, Acute Care Nurse Practitioner – Neurocritical Care\*

Pamela K. Mason, MD, Chief, Cardiac Electrophysiology

Natalie May, PhD, Associate Professor of Research, UVA Schools of Medicine and Nursing

Daniel F. McCarter, MD, FAFAP, Professor of Family Medicine – UVA School of Medicine, Medical Director of Practice Innovation – UVA Physicians Group

Deanna L. McIntire, MPT, PT, MHS, Physical Therapist

Jeanne Parrish, DNP, APRN, FNP-C, Forensic Nurse Practitioner with UVA Health Child Protection & Advocacy Team and Forensics Center

Arthur J. Pesch, MD, Assistant Professor of Radiology and Medical Imaging; Fellowship Director, Abdominal Imaging

Nicole V. Plowman, PNP, Pediatric Gastroenterology\*

Kathryn B. Reid, PhD, RN, APRN, FNP-BC, CNL, School of Nursing Associate Professor, Director, School of Nursing Continuing Education\*

Patricia Rodriguez-Lozano, MD, MS, Director of UVA Health Women's Heart Care Program

Matt Rubertus, PharmD, BCCCP, Critical Care/Emergency Medicine Clinical Pharmacist

Timothy Scialla, MD, Associate Professor of Medicine, Pulmonary and Critical Care

Shelly Smith, PhD, DNP, APRN-BC, FAAN, Professor, Associate Dean for Graduate Nursing Programs

Aimee Strong, DNP, AGACNP-BC, Nurse Practitioner, Lung Cancer Screening/Thoracic Surgery

Rachel Thal-Larsen, MHS, PA-C, Infusion Center \*

S. Craig Thomas, MSN, ACNP, CHFNP, Advanced Practice Provider – Advanced Heart Failure Center, President – American Association of Heart Failure Nurses

Matthew J Thomas, ScM, CGC, Genetic Counselor

Leah Wayner, MSN, RN, ACNP, Nephrology\*

Drew Walton, MSN, RN, AG-ACNP, Heart and Vascular Center  
 Donna M. White, RPh, BCACP, CDCES, Clinical Lead Pharmacist Ambulatory Care , Clinical Assistant Professor VCU School of Pharmacy, Residency Program Director PGY2 Ambulatory Care , Department of Pharmacy, University of Virginia Health System  
 Jack Wiesskohl, MSN, RN, FNP-BC, Family Nurse Practitioner, VCU Health, Richmond, VA

*\*planning committee member*

**Registration (closes September 30<sup>th</sup>, 2025)**

Registration and payment are available through direct link: <https://uva.cloud-cme.com/ap25>

or scan the QR code with your smart phone.



<u>Registration Fees</u>	<u>Fee</u>	<u>After Sept. 1, 2025</u>
Attendee – 2 days	\$275	\$325
Attendee – 1 day	\$150	\$200
UVA Employee – 2 days	\$200	\$225
UVA Employee – 1 day	\$100	\$130
Student – 2 days	\$150	\$200
Student – 1 day	\$100	\$120

**Accreditation & Designation Statements**



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 12.0 Interprofessional Continuing Education (IPCE) credits for learning and change.



UVA Health Continuing Education awards 12.0 contact hours to a nurse who participates in this educational activity and completes the post activity evaluation.

UVA Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

UVA Health Continuing Education, as an accredited provider, awards 12.0 hours of participation (consistent with the designated number of ANCC contact hours) to a participant who successfully completes this educational activity.

UVA Health Continuing Education maintains a record of participation for six (6) years.

**Call for Abstracts**

Submit your abstract for the 2025 Advanced Practice Conference: APOGEE. This is an opportunity to report ongoing and completed research as well as systematic, theoretical, conceptual, and methodological projects to colleagues. Authors of accepted abstracts will attend a poster session or be selected to deliver an oral presentation of their work.

APOGEE accepts abstract submissions for poster or podium format. Overall, acceptable research submission abstracts meet the following criteria

- Address research studies as well as systematic, theoretical, conceptual and methodological projects. Studies or projects for presentation must be complete prior to presentation
- Adhere to the scoring rubric for research posters or podium presentations, identified



For more information, see [the conference website: www.nursing.virginia.edu/sonce/advanced-practice-conference-2025/](http://www.nursing.virginia.edu/sonce/advanced-practice-conference-2025/)



**Questions?** Contact Linda Hanson, UVA Health Continuing Education Program Manager, [llh3x@virginia.edu](mailto:llh3x@virginia.edu), 434-982-4136.