



18th Annual **Virginia Heart & Vascular Symposium**

Education | Collaboration | Innovation

SATURDAY ■ FEBRUARY 28, 2026

7:00 a.m. – 3:00 p.m.

Fredericksburg Convention Center
Grand Ballroom
2371 Carl D. Silver Parkway
Fredericksburg, VA 22401



Mary Washington Healthcare

Advanced Cardiac Care

Heart.[mwhc.com](https://www.mwhc.com)

Accredited Continuing Education

REGISTER at
VHVSymposium.mwhc.com

In-person Symposium

Registration includes breakfast, lunch, and an afternoon wine bar.

General registration: **\$75** | Residents & Students: **\$35**

Early Bird Pricing thru Dec. 31, 2025: **\$50**

Cancellation Policy

This is an in-person only symposium. Cancellation requests received in writing no less than 30 days before the course will be refunded, less a 20% administrative fee. No refunds will be provided for cancellation requests received within 30 days or for registration fees of less than \$50. Please send cancellation requests to uvace@uvahealth.org.

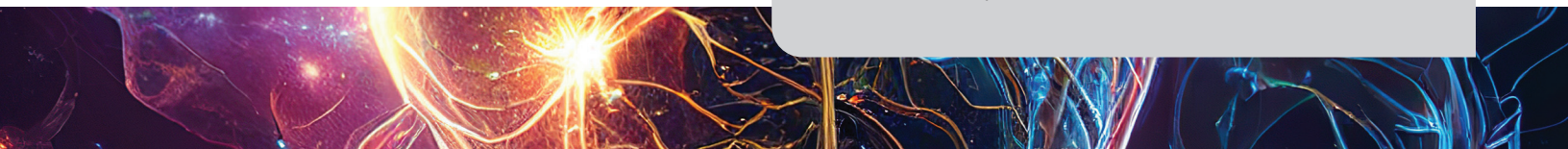
UVA Health Continuing Education reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant.

Target Audience

- Physicians
- Nurses
- Advanced Practice Providers
- Other Healthcare Professionals

SYMPOSIUM DESIRED OUTCOMES

- 1 Apply evidence-based strategies to assess cardiovascular risk and guide treatment decisions for diverse patient populations.
- 2 Identify appropriate candidates for emerging therapies and technologies in cardiovascular and vascular care.
- 3 Explore current treatment options and innovations in managing vascular disease, arrhythmias, and structural heart conditions.
- 4 Review ways to enhance patient outcomes through interdisciplinary collaboration and the delivery of evidence-based clinical and nursing practices



2026 Symposium Agenda

Case-based Presentation Format

TIME	TOPIC	FACULTY
7:00 a.m.	Breakfast / Welcome / Exhibits	Sebhat Erqou, MD, PhD
7:30 a.m.	Future of Cardiovascular Medicine	Christopher Lewis, MD
Session I: General Cardiology and Diagnostic Imaging		
7:50 a.m.	KEYNOTE: Prevention	Michael J. Blaha, MD, MPH, Johns Hopkins Medicine, Lutherville, MD
8:30 a.m.	Lipid Management: In the beginning and the end	Aaron Schatz, MD
9:00 a.m.	Cardiac MRI	Dan Ruiz, MD
9:20 a.m.	Q & A	
9:25 a.m.	Break / Exhibits	
Session II: Interventional Cardiology		
9:55 a.m.	Interventional Versus Medical Management of CAD	Luis Guzman, MD
10:15 a.m.	KEYNOTE: Optimizing Door To Balloon Time	Peter O'Brien, MD, Centra Health, Lynchburg, VA
10:55 a.m.	Q & A	
Session III: Advances in Treatment for Valve Disease		
11:00 a.m.	Mitral Valve Surgical Intervention	John Cardone, MD
11:20 a.m.	MitraClip: A Case Study	Ari Chanda, MD
11:40 a.m.	TriClip	TBA
12:00 p.m.	Q & A	
12:05 p.m.	Lunch and Exhibits	
Session IV: Frontier in Cardiovascular Medicine		
12:35 p.m.	KEYNOTE: Cardiogenic Shock Management	Zackary J. Tushak, DO, Sentara Advanced Heart Failure Center, Norfolk, VA
1:15 p.m.	Carotid Thrombectomy/Interventions	John Muse, MD
1:35 p.m.	Renal Denervation	Micaela Iantorno, MD
1:55 p.m.	PVD: How and When to Screen	Jose Exaire, MD
2:15 p.m.	Q & A	
Session V: EP Best Practice Recommendations		
2:20 p.m.	Pacemaker Selection	Hakeem Ayinde, MD
2:40 p.m.	PVC's and VT: How Do We Treat?	Ashok Talreja, MD
3:00 p.m.	Q & A and Key Meeting Takeways	

Speakers / Faculty

Hakeem Ayinde, MD, MS, FHRS

Electrophysiologist
Cardiology Associates of Fredericksburg

Michael J. Blaha, MD, MPH

Cardiologist
Professor of Cardiology and Epidemiology
Johns Hopkins Medicine

John C. Cardone, MD, FACS

Cardiothoracic Surgeon
Mary Washington Cardiovascular & Thoracic Surgery
Medical Director, Structural Heart Program
Mary Washington Hospital

Arijit Chanda, MD, FACC, RPVI, ABVM-Endo, CBNC

Interventional and Structural Cardiologist
Cardiology Associates of Fredericksburg

J. Emilio Exaire, MD

Interventional Cardiologist
Mary Washington Cardiology

Luis A. Guzman, MD, FACC, FSCAI

Interventional Cardiologist
Mary Washington Cardiology

Micaela Iantorno, MD, MSc, RPVI, FAHA

Interventional Cardiologist
Critical Care Specialist
Oracle Heart & Vascular

Christopher Lewis, MD

Cardiologist
Senior Vice President, Chief Medical Officer
Mary Washington Healthcare

John Muse, MD, MBA

Neurosurgeon
Mary Washington Neurosurgery

Peter O'Brien, MD,

Interventional Cardiologist
Centra Medical Group Heart & Vascular Institute

Daniel Ruiz, MD

Cardiologist
Cardiology Associates of Fredericksburg

Aaron Schatz, MD, FACC

Cardiologist, Medical Director
Mary Washington Cardiology

Ashok Talreja, MD, FACC, FHRS

Electrophysiologist
Premier Cardiac and Vascular

Zackary J. Tushak, DO

Cardiology, Internal Medicine
Sentara Advanced Heart Failure Center

Questions?

Email us at

VHVSymposium@mwhc.com.

Planning Committee Members

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Nurse Manager Interventional Radiology, Diagnostic and Interventional Cardiac Services,
Mary Washington Healthcare

Carla Boutchyard, LCSW

Physician Liaison, Mary Washington Healthcare

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Nancy L Matthes, MSLS

Medical Librarian, Mary Washington Healthcare

Stephanie Strazinsky, PA

Virginia Cardiovascular & Thoracic Surgery,
Mary Washington Healthcare

Kasia Wardynski

Director of Development, Mary Washington Hospital
Foundation and Stafford Hospital Foundation

Accreditation Statements



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Washington Healthcare and UVA Health Continuing Education. UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

- UVA Health Continuing Education designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- UVA Health Continuing Education has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.
- This activity is designated for **6.0 AAPA Category 1 CME credits**. PAs should only claim credit commensurate with the extent of their participation.



- UVA Health Continuing Education awards **6.0 hours of participation** (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.
- UVA Health Continuing Education awards up to **6.0 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.