**Date: Saturday, October 25, 2025**

**Time: 07:00 AM - 04:00 PM**

2025 12th Virginia Regional Movement Disorders Symposium

**Moderator or Speaker**: Renzo Figari Jordan, MD; Diane Huss, DPT; Alexander King, NP; Philip Lee, MD; Renee S Bricker, MS; Indira Subramanian, MD; Elias G Karroum, MD PhD; Helen L Dainton-Howard, MD

## Agenda:

## Course Description:

The symposium will provide formal didactic review of recent research advances and evidence from clinical trials in movement disorders that are changing practice. Advances in motor and non-motor symptoms have substantial implications for diagnosing and treating Parkinson’s disease and related disorders of movement and motor control. Case discussions will highlight diagnostic features of movement disorders and practical strategies for treatment. Neurologists, neurosurgeons, neuropsychologists, and movement disorders team members including PAs, NPs, nurses, therapists, residents, fellows, and other trainees are welcome to attend.

**Target Audience: Physician, Allied Health Professional, Nurse, Nurse Practitioner, Occupational Therapist, Physical Therapist, Physician Associate, Social Worker, Psychological Therapist.**

**Desired Outcomes:** At the conclusion of this activity, participants should be able to:

1 Describe and interpret clinical findings of patients with movement disorders through the review of video cases.

2 Outline at least two speech therapy techniques or strategies recommended by speech-language pathologists for managing dysarthria and dysphagia in patients with cerebellar ataxia.

3 Summarize recent advances in the diagnosis and classification of genetic ataxias, including at least two newly identified genetic subtypes or biomarkers.

4 Describe at least three evidence-based integrative medicine approaches used in Parkinson’s disease and explain their potential role in symptom management and patient quality of life.

5 Identify at least three key changes in the updated Restless Legs Syndrome (RLS) guidelines and apply them to hypothetical patient scenarios.

6 Differentiate among common neuropsychiatric symptoms in Parkinson’s disease, including depression, anxiety, and psychosis, and list at least two current treatment approaches.

7 Compare at least two new DBS platforms or programming strategies and discuss their implications for clinical decision-making.

8 Describe the key components of a multidisciplinary DBS pre-surgical evaluation and list at least three criteria used to determine patient eligibility.

### Disclosure of faculty financial affiliations:

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| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Renee S Bricker, MS | Faculty |  |
| Philip Lee, MD | Faculty | Nothing to disclose - 01/24/2025 |
| Elias G Karroum, MD PhD | Faculty | Nothing to disclose - 01/09/2025 |
| Alexander King, NP | Faculty, Nurse Planner | Honoraria-American Academy of Neurology (Relationship has ended) - 05/08/2025 |
| Diane Huss, DPT, NCS, CBFPS | Faculty, Other Planning Committee Member | Nothing to disclose - 05/10/2025 |
| Renzo Figari Jordan, MD | Course Director, Faculty | Nothing to disclose - 05/08/2025 |
| Indira Subramanian, MD | Faculty |  |
| Helen L Dainton-Howard, MD | Faculty |  |

**ACCREDITATION AND DESIGNATION STATEMENT:**

In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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**Nurses:**

UVA Health Continuing Education awards up to 6.25 contact hour(s) for nurses who participate in this educational activity and complete the post activity evaluation.

**Hours of Participation:**
UVA Health Continuing Education awards 6.25 hour(s) of participation (consistent with the designated number of *AMA PRA Category 1 Credit(s)TM* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

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